



THE VOICE

OF
CEDARS
PARK

COMMUNITY MAGAZINE

February 2019



IN THIS ISSUE: A Rise in Crime on Cedars Park

EDITORIAL



Happy New Year to all you lovely readers!

Did you all have a lovely Christmas? I probably say it every year but the older you get the quicker it goes!

So much money spent on one day however the children enjoy it and that's what counts.

In my case I enjoyed the much needed couple of days off after a busy pre Christmas period. I enjoyed the delights that appear on our screens - Morecambe and Wise and the cheesy Christmas films. Although I didn't get to watch my first film until Christmas Eve and it was 'The Grinch'. My favourite is 'Scrooged' with Bill Murray - absolute classic. There is always an argument in my house when I say lets watch a Christmas film. Pete's choice is 'Die Hard'. Now come on guys! This isn't really a Christmas film!!!

The New Year brings resolutions: - Joining the gym after all the over indulging; Dry January (a dirty term in our household); and so on. I too pay for a gym membership that I will barely use and I will be making an effort to get healthier but as far as dry January goes - no chance! This year 4.2 million people have taken the pledge. Personally I think it just encourages people to binge drink at the end of the month.

Have you made any resolutions? I don't make formal resolutions, I just try my best to achieve the best I can, try to be a good person

and try to enjoy life as you never know what is round the corner.

Whatever you have planned for 2019 make it a memorable one!

So what else has happened so far this year? There is the dreaded Brexit which I think everyone has had enough of now - I won't bore you with my opinion but come on Teresa May 'sort it out'. Then there was Prince Phillips car accident which I'm amazed nobody was seriously hurt in.

Bless him. Although I am surprised at 97 he is still driving.



I would like to draw your attention to the picture of Cedars Park's Residents Association's Christmas tree that was sent in by Fred Hillyer. Fred was very pleased with this year's tree and said "This is our best ever tree, everyone that commented on it said it looked a bit like Las Vegas."

Have a lovely month!

Please forward all your news, photos and advertising to:

Editor: Janine Griffiths 01449 257303
thevoice@cedarsparkcic.co.uk

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www.cedarsparkcommunitycentre.co.uk

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Friday 8th February

The Voice - Revised advertising prices from February 2019

	Per Issue	Cost for 5 issues 5% discount	Cost for 10 issues 10% discount
Full Page	£45.00	£213.75	£405.00
Half Page	£25.00	£118.75	£225.00
Quarter Page	£15.00	£71.25	£135.00
Back Page	£55.00	£261.25	£495.00

We are no longer able to offer a leaflet distribution service.

The Aviary @ Cedars Park Community Centre

Presents

Thai Night

On

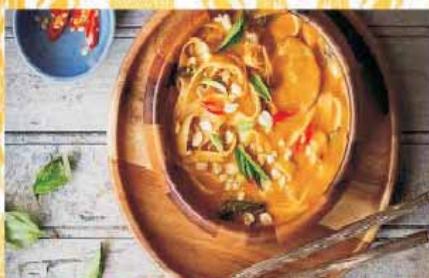
Saturday 9th March

3 Courses for only £19.99 - Buy your tickets now

from The Aviary Bar

Limited Spaces Available

7pm- 10pm



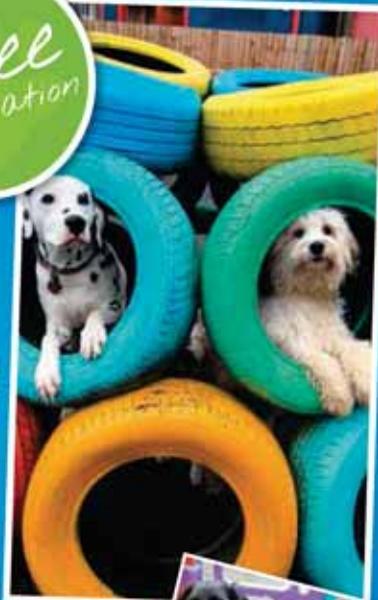


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Crime/Anti-Social Behaviour

Cedars Park is generally a decent place to live. However, as many of you will be aware, the estate has experienced problems with drug-related crime and car-related anti social behaviour.

It is important that occurrences are reported immediately via the 101 Police Incident phone service, ideally obtaining a crime reference number. You can also report on- line to www.suffolk.police.uk, though this may take longer and might be easier after the event.

Another quick way to report information after the event is to email the local officers on stowmarket.snt@suffolk.pnn.police.uk. To report something anonymously call Crimestoppers on 0800 555 111 or visit

www.crimestoppers.uk.org

Without a solid record of incidents, it is difficult for the police to justify making resources available locally to deal with these matters.

If a crime is clearly happening, or you have immediate concern for the safety of persons or property, please dial 999.

When reporting an incident, give as much information as you feel able to: But let's be clear, no one should take any risk in obtaining details to report.

Let's all help to keep Cedars Park a happy and safe place to live.

CPRA

Feb 2019



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£5 per ticket • Bar Open • Raffles

**To purchase your tickets contact
Janine or Pete in The Aviary or ask
Michelle at Cedars Park Preschool**

Development of the Site/Land Opposite Tesco's

Most residents will have noticed by now that construction work is taking place on the above piece of land.

This is part of a planning application for the construction of both housing and facilities including a pub, a drive through and McDonalds eatery, a Costa coffee facility etc. and has been subjected to protracted negotiations taking the best part of four years to bring to this stage by Haydons/Seamans (a local company)

During this period different commercial organisations have expressed interest in the site, but for whatever reasons have withdrawn. At the time of a public presentation (most of us would have forgotten it by now) given some time ago in the community centre, the majority view expressed was that the proposed facilities were needed for the benefit of Cedars Park residents.

Breheeny's, have been appointed to carry out construction of the leisure uses roads and civils package for housing, and commenced work on Monday the 7th of January. Estimated time to complete this, approx 12 – 14 weeks.

We are lead to believe that both Costa and McDonalds are ready to push on ; Marstons ,the pub group are gearing up for their part of the project.

During the protracted period of negotiation Haydon's have regularly communicated with us in an open manner. This gave us the opportunity to express any views we held and put across what we considered appropriate. Unfortunately each time



something looked certain, another delay or spanner was put in the works. This is the first time that we have been able to pass on anything with a degree of certainty. Should we hear of any updates we will let you know.

They have also informed us that if we have any specific issues to contact their managing director direct.

Cedars Park Residents Association

Feb 2019

Stowmarket Chorale holds audience spellbound

The Apex concert hall in Bury St Edmunds was packed to the rafters for Radio Suffolk's Carol Concert on 1 December in aid of Children in Need. A varied programme included local choral society Stowmarket Chorale, a brass band, a children's choir, readings, and opportunities for the audience to sing along. Both audience and performers went away afterwards with happy smiles and in thoroughly festive mood, and had raised £3000 for Children in Need.

Stowmarket Chorale brought out all the emotion and drama of the popular nineteenth-century French carol O Holy Night, and their Music Director Tom Appleton performed the solo melody in The Three Kings while his choir provided the serene and contemplative chorale tune interwoven with it. An exuberant version of Jingle Bells had the audience laughing along with the choir. Then in the second half came a change of gear - Silent Night was performed by Stowmarket Chorale with breathtaking poise, first hummed, very, very quietly and then sung with feeling in both German and English before

returning to the final, tiny humming. There were some five hundred people in the hall, including children, but you could have heard a pin drop. The Chorale then showed it could let its hair down too and give the music some welly, as it belted out Slade's Merry Christmas Everybody - but it still managed clear diction and some very well-controlled sudden pianissimos.

Stowmarket Chorale showed off the full dynamic and stylistic range that can be achieved by this 60-strong choir under the leadership of its talented and charismatic new Music Director Tom Appleton, appointed less than four months ago.

The next major concert by Stowmarket Chorale will be Brahms' well-loved German Requiem, at the United Reformed Church in Stowmarket on 30 March.

Rehearsals start on Weds 9 January 7.30-9.30pm at Chilton Primary School, Violet Hill Road, Stowmarket. New singers welcome.

Website: www.stowmarketchorale.org.uk

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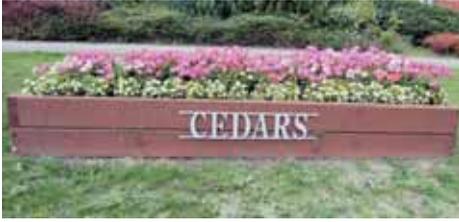
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Cedars Park Flower Beds



These flower beds at the end of Cormorant Drive were built by some committee members of the C.P.R.A. about 8 years ago they have recently been re built. Over the years they have been maintained and re planted, paid with grants and our C.P.R.A. funds. The people who have been planting and maintaining them have stepped down from the committee and will not be doing this next year. So we are hoping



someone would like to take over the planting and maintenance of them. Any volunteers would be welcome.

If you are interested please contact Fred as below.

frederick.hillyer@sky.com
Fred Hillyer President C.P.R.A.

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I could have what I do
If I hadn't realized
That it's always been you.

Thank you for
The life that we live.
Thank you for
Everything that you give.
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Your undying loyalty;
I have to tell you
You're not getting rid of me!

You balance me out.
You keep me stable.
Without you,
I wouldn't be able
To keep myself going
When the day seems too long.
It just happens to be you
Who helps me stay strong.

As long as you love me,
I promise I'll stay.
I'll love you forever...
Happy Valentine's Day!

By Kerri L Copeland

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COMBS WOOD

Loads of valuable work on the rides were completed by the local winter work parties on Sunday mornings. The April flowers responded by increasing their numbers in spring.

good showing of oxlips and early purple orchids in addition to wood garlic, bluebells, celandine, violets and wood anemones. A later showing of different orchids occurred in the south end of the wood in June.

The usual migrant birds were present, supplementing the indigenous species we expect to see. It was a bonus hear two song thrushes singing.

A species of butterfly, the pearl washed fritillary, which I had not seen previously seen in Combs wood appeared in June in good numbers enjoying the thistle flowers on the rides

LOCAL TAWNY OWL PROJECT



Our local nest boxes showed very little usage by tawny owls. The boxes at

Crooks Farm, Muntons copse, Bonny Wood (2), Dagworth and Baylham Hall were all unused. The Combs wood box was in use by a single non breeding Tawny.

Our much larger Suffolk project involving 47 nest boxes showed a similar trend with only 16 pulli being ringed.

The British Trust for Ornithology is showing concern in what appears to be a decline in numbers.

EVENTS



The programme of events for 2019 is now complete. Our first event is CREATING WILDNESS with Michael Strand on Wednesday 27 February at 7.30pm. This will take place at Stowupland village hall. Admission is £2.50 including refreshments.

Other events during the year include a walk at Bonny Wood. talks on buzzards, wildlife crime and diseases in trees.

The complete programme can be downloaded from www.suffolkwildlifetrust.org/wildlifegroups or by email

CONTACT

John Thompson - 01449 676471 - swtstowmarket@gmail.com

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Tesco Food Collection

We had the Tesco food collection at Tesco Stowmarket in partnership with fare share and the trussell trust just before Christmas and would like to thank the Mayor of Stowmarket and the Lions Club for all their support with the collection.

We would also like to thank everyone that made a donation and especially the customer who donated a trolley full of food to help feed those in need at this time of year.

Many Thanks
Amanda



TREETOPS

Childminding/breakfast club
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Local entrepreneur wins 'Lifetime Achievement Award'

The founder and managing director of one of East Anglia's leading hearing care companies has been honoured with a Lifetime Achievement Award by one of the UK's leading health governing bodies.

Karen Finch, owner of local business The Hearing Care Centre which has a local clinic at StowHealth, Stowmarket, was presented with a Lifetime Achievement Award for her work in the audiology profession, at the British Health Trades Association (BHTA) Excellence Awards - an annual celebration of success in the healthcare marketplace.

This award comes at a pivotal point for Karen because this year marks the 20th anniversary of The Hearing Care Centre. From humble beginnings in 1998, Karen now employs a team of almost 30 employees and provides top-level hearing care from a network of 26 centres across East Anglia. Karen was commended by the BHTA for her dedication to the high quality of her team and investment in the people that she works with, allowing them to develop their own careers, and helping all of them to make a success of the business.

Karen was also recognised for the work she does in the local community to promote hearing health, and the

company's fundraising for many local and national charities including Hearing Dogs for Deaf People who help to transform the lives of the deaf.

Karen Finch was overcome with emotion when she was presented with the award: "Being recognised by a peer group like the BHTA is incredibly validating for me and our entire team at The Hearing Care Centre. The whole board were involved in the decision process and I truly appreciate that the BHTA takes a thoughtful approach to highlight the audiology sector professionals.

"As I think of other Lifetime Achievements recipients who preceded me, and the impact they've had in their health organisations and in the wider community, I am very grateful to rank among them. But I do hope they don't think I have achieved everything I want to achieve – I'm not ready to go home and retire. I'm not done yet!"



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Chernobyl Children's Lifeline & Charity Shop

On 28th December we were up at 4:30 am to travel to Gatwick with the group of children who had been with us for the December visit.

The children were obviously looking forward to seeing their families again but they were also really pleased to learn that we would be travelling with them. There had been lots of fun and great enjoyment during the month, both for the visiting children and the families who hosted them. The children enjoyed everything, no matter how small and each new experience was greeted with appreciation and delight. These children came from some of the poorest families and I am sure we have given them memories that will last a lifetime.

On arrival in Belarus the children went on their way home and we began our 5 hour drive to Stolin for our Father Frost Christmas present delivery program. This was a very long and sometimes stressful 9 days but all 300 presents were successfully delivered and an additional party held for children we could not reach from outlying areas. After the party one 14 year old girl went to "Santa" and said, this is the best day I have ever had in my life, thank you so much for all the fun" We not only visited many families in their homes but also three different hospitals and two Social Shelters. Traditionally children may receive a box of sweets at Christmas and obviously for organisations that donate gifts this is the easiest option. However, we were told

time and time again by children, parents and hospital Doctors and Administrators that receiving a Christmas Stocking full of presents had made the children so happy, it was something they had never experienced and would give them a "forever" memory so that in itself made all the hard work worthwhile.

This year the children will come from a totally new area, with new interpreters so it will mean changes for all of us. We are also hoping to form a relationship with the Social Shelter in the area and provide specific support to this facility in the future.

It is not possible to detail our journey in this short article but a full write up will go out by email to all of those who subscribe to our mailing list and further details will be posted on Facebook. Please do get in touch if you would like to receive email updates.

We are now looking towards the summer group visit and will be confirming the list of Host families within the next few weeks so if you have not already registered your interest please do so as soon as possible.

We are very aware that there are now more Charitable causes than ever all needing support. I would like to take this opportunity to thank everyone who supports us, you may think you only do a little but without you we could not survive.

Elizabeth Parker

Link Chair

01449 760343

www.ccllmidsuffolk.org.uk



Cedars Park Preschool - 07531 981117

Springtime is hopefully on its way and this Spring Term we welcome lots of children and their families to Cedars Park Preschool. The children are settling in well and already starting to pick up the routines of daily preschool life. They have all been exploring indoors and outdoors, enjoying some mild (and not so mild) days!! The excitement of frost and ice on spider webs and puddles, creating frozen pools to dig out dinosaurs... it's such a valuable sensory experience for the children to learn about the seasons from being in it, feeling the cold on their fingers and cheeks. We've all been tricked into thinking it's warm by looking out of the window to see beautiful sunshine and then stepping out into the harsh and frosty breeze!



PRESCHOOL PETS

Preschool are getting some guinea pigs. They are due to arrive at the beginning of February. We have been talking with the children about being caring and looking

after each other and other living things. The children will play an active role with staff in caring for the guinea pigs, feeding them, brushing them, making sure they have water ... They have already started by suggesting and voting on names for the guinea pigs, although we're waiting until they arrive to see which names suit them best. The guinea pigs will live indoors and be looked after at home during the weekends and holidays.

We have also organised a visit from a local veterinary nurse to talk to the children about caring for animals.

We'll share some pictures of our new arrivals next time.

FRIENDS OF CEDARS PARK PRESCHOOL COMMITTEE

The friends committee organised a great Children's Christmas Disco, the children certainly seemed to have a lot of fun. The committee meets every two months for about 1-1.5 hours and organise social events for families, and some fundraising events to support the purchase of some preschool resources.

The events planned for this year are:

Spring Children's Disco (March), Stephen Holbrook Clairvoyance Evening (August), Halloween Party (October), Children's Christmas Disco (December). So, look out for more details for these events, the Christmas disco tickets sold out pretty quickly!

The committee also help out at other events such as: Preschool Easter Event, Community Centre Christmas Fayre.

Preschool Open Event for April Starters

Information Evening for Parents -

Monday 18th March 7pm

OPEN EVENT 1

Tuesday 26th March 1pm - 2pm

OPEN EVENT 2

Tuesday 2nd April 1pm - 2pm

If you would like to visit preschool during the open events please email us at: honeycombscedarspark@gmail.com or call 07531 981117

If you would like an information and registration pack, please phone 07531 981117 or email

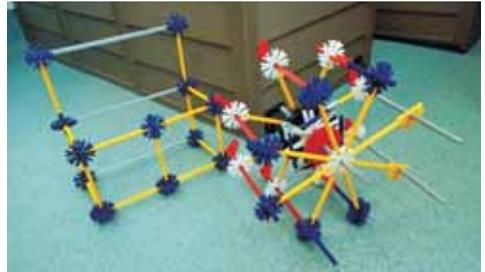
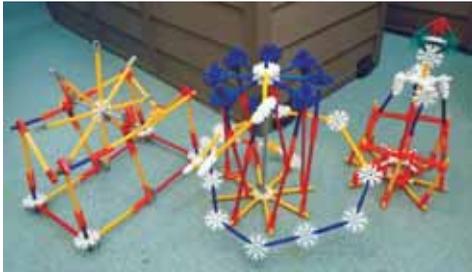
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We currently have a waiting list open for September 2019 & January 2020.

Michelle, Lou, Tracy, Chloe, Tiff, Lis, Nicki, Tash, Lisa, Debbie, Denise, Sara, Beth & Bonnie

School's Out Club - Cedars Park

honeycombscedarspark@gmail.com 07531 981117



Happy New Year to everyone! School's Out Club remains very busy. We only have space at after school club on a Friday afternoon. There are also limited spaces at breakfast club (no space on a Wednesday morning).

So far this term the popular choices in activity are drawing, colouring and craft (always popular), the pool table and

magnetic dartboard (for use by children 8+) and construction with resources such as u-nu, lego and k'nex. Some of the older children have been challenged to create a 'fairground attraction' out of k'nex and some amazing constructions have already started to appear. Well done to Jamie, Nicholas, Alex, Chloe, Ellie & Chloe.

Spring Half Term Holiday Club

Monday 18th – Friday 22nd February 8am – 6pm

**To book spaces please email honeycombscedarspark@gmail.com
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For children 2 to 12 years old

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Staff Vacancy – Play Worker (Term Time)

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For more details please email honeycombscedarspark@gmail.com

The post is exempt from provisions of the Rehabilitation of Offenders Act 1974 (Exemptions) Order Act 1975

If you would like more information about School's Out Club, and to receive an information and registration pack please contact us on 07531 981117 or email honeycombscedarspark@gmail.com

Michelle, Lou, Tracy, Chloe, Tiff, Denise, Tash, Nicki, Lis, Lisa, Beth & Debbie

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7.30 pm

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Stowmarket and District Camera Club

On 10 December we welcomed Howard King to the club to judge the Wildlife competition for the 'Ray Giffin Trophy'. It was good to see a large number of prints entered giving Howard quite a task to find a winner. The results were:

1st 'Grey Heron Taking Off' by Roy Fidler

2nd 'Kingfisher Poseur' by Roy Fidler

3rd 'Batsman Friend' by Paul Fisk

Well done to Roy Fidler and Paul Fisk



On 14 December several members and partners enjoyed a Christmas meal at the Mix in Stowmarket

Next meetings: 2019

Monday 11 February: Open Competition 3 to be judged by Mike Lloyd

Monday 25 February: Talk: 'Earth & Skies' by Barry Freeman ARPS DPAGB

Monday 11 March: Open Competition 4 to be judged by Frank Blyth
CPAGB BPE1*

Monday 25 March: Talk: 'As I See It' Interactive with Roy Fidler

You don't have to be an 'Expert Photographer' to be welcomed as a member of the Club. All you need is an interest in photography. Our aim is to encourage you to develop your interest and skills, as well as to provide a place to meet a range of friendly people who share your interest.

New members are always very welcome at the club. All you need is a camera – any camera and a real interest in using it. Our members use DSLRs, mirrorless, compacts and bridge cameras. Regular meetings are held at Stowmarket Community Centre, Hillside, Stowmarket, IP14 2BD, usually on the 2nd & 4th Monday of the month between September & June. We start arriving at around 7:00pm for a 7:30pm start. We'd love to see you there, so why not join us?

For more information see our web site
www.stowmarketanddistrictcameraclub.onesuffolk.net

Darts Update...

With only two games left for the season and it hasn't been our best ever. We look to be finishing in the bottom end of the table which does mean relegation for next winter. As a team we have had fun maybe too much hence bottom of the table.... but our team has always been a drinking team that plays darts and it is all about being part of the team and a good night out. So bring on the Summer league where we will see the return of our other team as well. But first we still have the competitions to play for.



Good luck boys and girls!



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